

Coaches Manual 2016-2017

""It is often said in soccer that a country's particular style of play bears the fingerprints of its social and political nature."

~ Jere Longman

2016-2017 FGYSL Schedule

	U6	U-8	U-10	U-12
9/10/16			Practice Games	Practice Games
9/17-9/18			Seeding Tournament	Seeding Tournament
9/24/16	L1	L1	L1	L1
<mark>10/01/16</mark>	L1 (Photo Day)	L1 (Photo Day)	L1 (Photo Day)	L1 (Photo Day)
10/8/16	L1	L1	L1*	L1*
<mark>10/15/16</mark>	L1	L1	L1	L1
10/22/15			half of Ses Schedu	the state of the s
40/00/40		1		
10/29/16	L2	L2	L2	L2
11/5/16	L2	L2	L2	L2
11/12/16	L2	L2	L2	L2
11/19/16	L2	L2	L2*	L2*
11/26/16			gular Sea es Schedu	
12/3/16			Championships	Championships

*Some games will be a Liberty Ranchos High on 10/8 and 11/19

- L1 League Play 1st half of season
- L2 League Play 2nd half of season

Picture Day Location - Toby Lawless Elementary

Be sure to check your individual schedule for double header weekends

Good Sportsmanship needs to be promoted EVERY day during this schedule.

2016-2017Contact Directory and Board Officers

Position	Name	Phone	E-mail			
President	Sean O'Rourke		FGYSLsoccer@gmail.com			
Vice President	Ben Nicholson	559-433-1300	ben.nicholson@mccormickbarstow.COM			
Secretary	Danielle Taylor	286-6832	nelly.please@gmail.com			
Treasurer	vacant		fgysl.treasurer@gmail.com			
Registrar	Sydney Joachin	477-0998	sydney.joachin@gmail.com			
Referee Coordinator	Bill Carr	559-436-8201	Williamcarr3@hotmail.com			
Chief Field Commissioner	Stephanie Hawes	281-9176	smhawes71@gmail.com			
Coaching Director	vacant					
District VII Representative	Sean O'Rourke	313-2094	fgyslsoccer@gmail.com			
Central Cal. Soccer Alliance	Leigh Fischer	447-5542	lburnside@dowlingaaron.com			
Figarden President	Daniel Lutz	999-8510	lutzsoccer10@gmail.com			
Forkner President	Dwayne Ferguson	559.933.7444	Forknersoccer@gmail.com			
Gibson President	Sydr	559-477-0998	gibsonregistrar@gmail.com			
Kratt President	Danielle Taylor	394-1288	nelly.please@gmail.com			
Malloch President	Susan Flores	709-6191	wsflores@att.net			
Starr President	Andy Arballo	230-9696	aarballo@careding.com			
St. Anthony's President	Carlos Gonzales	352-7811	1coachcarlos@gmail.com			
Liberty Ranchos President	Matt Williams	761-4874	Coachwilliams5@yahoo.com			
U13 Boys Coordinator	Andrew Wanger	415-225-7549	andrewwanger@hotmail.com			
U13 Girls Coordinator	Carlos Gonzales	352-7811	1coachcarlos@gmail.com			
U10 Boys Coordinator	Louis Genero	892-8702	louisgenaro@yahoo.com			
U10 Girls Coordinator	Kim Wilson	790-6439	forknersoccer@gmail.com			
U8 Boys Coordinator	Andy Arballo	230-9696	arballo@careding			
U8 Girls Coordinator	Daniel Lutz	559 999 8510	lutzsoccer10@gmail.com			
U6 Coordinator	Sean O'Rourke		fgyslsoccer@gmail.com			

Please do not call League Members before 8:00am and after 8:30pm.
All volunteers have families, please be courteous.

COACHES CODE OF CONDUCT

I believe my role as a coach is to contribute to the overall success, physical, and athletic growth of the player through participation in soccer.

I understand that under Law 12 of the Game, per FIFA, unsporting behavior and dissent by word or action are Cautionable offenses (Yellow Card). Using offensive, insulting or abusive language and/or gestures is a sending-off offense (Red Card). (FIFA Laws of the Game, Law 12.) I will do my best to educate my players and parents about these Laws of the Game.

1. With regard to my players:

- ➤ I will endeavor to be a good instructor and a positive role model for my players.
- ➤ I believe the score of a game comes second to the safety and welfare of all my players.
- I will endeavor to put winning in its proper perspective.
- > I am responsible for understanding and competing within the letter and the spirit of the Laws of the Game and the rules and policies of the FGYSL.
- ➤ I will teach my players to understand and play within the letter and spirit of the Laws, as well.

2. With regard to opposing teams:

- ➤ I believe the way my team conducts itself can also have an influence, for better or worse, on those we compete against.
- ➤ I will endeavor to make my team a positive role model.
- ➤ I will not coach, nor allow my players to play, with intent to cause injury to opposing players.
- ➤ Neither I nor my players and spectators will display hostile behavior towards opposing players.
- ➤ I will emphasize winning without boasting and losing without bitterness.

3. With regard to Referees:

- ➤ I believe that Referees, just as coaches and players, are attempting to do their best.
- ➤ I will instill in my players and spectators a respect for that fact.
- ➤ I understand that my attitude can influence my players and spectators.
- ➤ I will display a controlled and undemonstrative attitude toward Referees at all times.
- Neither I nor my players and spectators will address a Referee before, during or after the game in a demeaning fashion.

Coaches are responsible for the conduct of their players and the spectators on their side of the field, specifically as it relates to the referee, coaches, players and spectators on the other team. Verbal and/or physical abuse will not be tolerated. Coaches are responsible for enforcing the League's "Spectator Code of Conduct".

If a coach approaches a referee or steps on to the field to challenge a call, they may be warned (yellow card) and/or be asked to leave the game (red card).

Player, Coach & Spectator Codes of Conduct

A. Players and Coaches

All players and coaches are expected to be examples of the highest standard of behavior at practices and before, during, and after games. Coaches shall abide by the rules of conduct as stated in the FIFA Laws of the Game, the CYSA Team Manual and additional FGYSL Rules. Please read all the Codes of Conduct as stated in your CYSA Team Manual. Make copies of parent and player codes and distribute them to your players and parents.

IMPORTANT: The coach is responsible for any unsporting conduct of the players, assistant coaches, parents, or any other person connected to that team. The coach's responsibility for proper conduct of anyone associated with the team shall be any team function including practices, games and other activities. The penalty for each unsporting conduct can include fines, suspension and being banned from further participation in youth soccer at the discretion of FGYSL.

The Laws of the Game and the modified FGYSL Rules allow for communication from the sidelines by the Coach to the referee for the purposes of making substitutions. Please refer to FIFA Laws of the Game, Law 12, and note that dissent by word or action is a cautionable offense (Yellow Card). Technically, any question or comment, even if nicely made, can subject the offending coach to an immediate yellow card. If the coach's tone of the voice is loud and offensive, in the sole judgment of the referee, a red card issued to the offending coach will result in the immediate removal from the field of play. (See Law 12) During a game, foul, insulting, and abusive language is considered a red card offense (CYSA Manual 4:02:02).

The offending coach may not coach at the team's next two league affiliated soccer games whenever it may be, and may not be present on the field of play as a spectator either. Also, a red card may result in a fine to the coach. The Disciplinary Review Committee has the authority to impose additional disciplinary action.

If a coach is ejected from the game by a referee and no other rostered coach is present, the game is OVER and FORFEITED.

PLEASE NOTE: the minimum penalty for a red card issued to a player is a one (1) game suspension, and for a red card issued to an adult is a two (2) game suspension. The suspension must be served at the next League affiliated game(s) played, regardless of when.

The minimum penalty CANNOT be appealed.

B. Spectators

If a team's spectators (including parents) become abusive by yelling at the referees or other players – even their own – the referee is entitled to issue yellow or red card, as appropriate to the sidelines, which is chargeable to the Coach. If it is a Red Card, then the coach must leave the field of play immediately along with the offending spectator(s). Therefore, know the Laws of the Game and educate the families.

Additionally, per our Use Agreement with Fresno Unified School District, and to lower liability insurance premiums, as well as for the safety of players, coaches, referees, and spectators, FGYSL has adopted a policy that pets may not be on school grounds during an event scheduled by the league. Please be advised that all assistance/service animals WEARING PROPER TRAINING ID are excluded from the "no dogs" policy and are allowed at all FGYSL soccer games.

Spectators are also reminded that all school grounds are ALCOHOL FREE and TOBACCO FREE areas, including electronic cigarettes.

The coach will be responsible for explaining and educating all players, parents and family members about the following Spectator Code of Conduct, and as explained above the Coach can be held responsible for violations of this code of conduct.

Spectator Code of Conduct

- Make soccer participation for your child and others a positive experience.
- Remember that a child is easily affected by outside influences.
- Be kind to your child's coach and to the officials. The coach is a volunteergiving of personal time to provide a recreational activity for your child. The coach is providing a valuable community service, often without reward other than their personal satisfaction. Without them your child could not participate.
- Applaud good plays by your team AND by members of the opposing team.
- Parents should be cheerleaders. Allow the coach to coach, the referee to officiate, and most of all allow your child to play the game.
- Between the exuberance of the winner and the disappointment of the loser, we have the referee. All of them follow the same creed to watch every movement of every player, and to call the game to the best of their ability. <u>DO NOT</u> openly question their judgment, and never their honesty, either directly or indirectly. They are a symbol of fair play, integrity and sportsmanship.
- Accept the results of each game, and encourage your child to be gracious in victory, and turn defeat to victory by working towards improvement

Spectators will respect the referees, assistant referees, and their authority during games. If Spectators question a referee's decision, Spectators will take it to my coach and will not discuss it with the referee. Spectators will not approach a referee before, during, or after a game.

If Spectators have an issue with the coach, Spectators will never question, discuss or confront at the game field, but speak with the coaches at an agreed time and place.



California Youth Soccer Association, Inc. 1040 Serpentine Lane, Suite 201, Pleasanton, CA 94566-4754 Possible Concussion Notification Form For Cal North Events

Today,		, 20	_, at the		
showed signs of a aware of this postreatment.	[Insert Date] possible concussion during possibility and signs and sympton	ractice o	or competit t may aris	tion. Cal e which	[Insert Name of Event] North and Staff want to make you require further evaluation and/or
					ussion treatment and management.
					nay not return to play until we have
	eturn to Play form (see page 2)				ž ,
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2011, 101 111141 616	arance to return to play. The ec	or or the	oigired elec	arance 10	not para by Gar Horan.
Name of Team			AgeGroup	Gender	
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Player's Name (Please print)	Ī	Date		
DI 2 C: 4 (IC I	.1 (10)				
Player's Signature (If above	the age of 18)	Ι	Date		
Parent/LegalGuardianSign	ature		Date		
Team Official GuardianSigi	nature	1	Date		
By inserting my nar	ne and date and returning this I	Notificatio	on Form, I	confirm	that I have been provided with, and
acknowledge that, I	have read the information conta	ined in t	he Form.		
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If re	turning the signed Form by mai	l, send it	to the follo	wingada	lress:
Cal	North				
104	0 Serpentine Lane, Suite 201				
Plea	santon CA 94566.				
Form #CNF:					

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Cal North Concussion Return to Play Form

This form is adapted from the Acute Concussion Evaluation (ACE) care plan on the U.S. Centers for Disease Control web site www.cdc.gov/injury. All medical providers are encouraged to review this site if they have questions regarding the latest information on the evaluation and care of the athlete following a concussion injury.

Providers, please injury. Providers

Athlete's Name _	Date of Birth:
School:	Team / Sport:
HISTORY OF INJURY Person Completing Form (Circle)	One): Athletic Trainer First Responder Coach Parent Student
Date of Injury:	\square Please see attached information \square Please see further history on back of this form
Did the athlete have: Loss of consciousness orunresponsiveness? Seizure or convulsive activity? Balance problem / unsteadiness? Dizziness? Headache? Nausea? Emotional instability (abnormal laughing, crying, smiling, anger, Confusion? Difficulty concentrating? Vision Problems? Other:	(Circle one) Duration / Resolution YES NO Duration: YES NO Duration: YES NO IF YES, HAS THIS RESOLVED? YES NO YES NO IF YES, HAS THIS RESOLVED? YES NO YES NO IF YES, HAS THIS RESOLVED? YES NO YES NO IF YES, HAS THIS RESOLVED? YES NO YES NO IF YES, HAS THIS RESOLVED? YES NO YES NO IF YES, HAS THIS RESOLVED? YES NO YES NO IF YES, HAS THIS RESOLVED? YES NO YES NO IF YES, HAS THIS RESOLVED? YES NO YES NO IF YES, HAS THIS RESOLVED? YES NO YES NO IF YES, HAS THIS RESOLVED? YES NO YES NO IF YES, HAS THIS RESOLVED? YES NO YES NO IF YES, HAS THIS RESOLVED? YES NO
Signature:PHYSICIAN RECOMMENDATIONS	Date: This return to play plan is based on today's evaluation.
PLEASE NOTE: 2. Athletes should never return to play or p 3. Athletes, be sure your coach/athletic train	play the same day that their suspected concussion occurred. practice if they still have ANY symptoms of concussion. iner are aware of your injury & symptoms, and have contact information for treating physician.
PHYSICAL EDUCATION: Do <u>NOT</u> return to PE class at this time SPORTS: Do not return to sports practice or co May gradually return to sports practic	May return to school on Out of school until follow-up visit. e May Return to PE class. Impetition at this time. ice under supervision of the health care provider for your team or sport. In after phone conversation with attending physician.
OR - FULL CLEARANCE: May return to full	participation in ALL activities (PE andSports).
Return to this office on (date/time)	☐ No follow-up needed.
Additional Comments: Medical Office Information (Please Print/Stamp)	See further follow-up information on back.
Physician' Name _ / Office Address	Physician's Phone
Physician's Signature _	(CircleOne) , M.D. D.O Date

Gradual Return to Play Plan

Return to play should occur in gradual steps beginning with light aerobic exercise only to increase your heart rate (e.g. stationary cycle); moving to increasing your heart rate with movement (e.g. running); then adding controlled contact if appropriate; and finally return to sports competition.

Pay careful attention to your symptoms and your thinking and concentration skills at each stage or activity. After completion of each step without recurrence of symptoms, you can move to the next level of activity the next day. Move to the next level of activity only if you do not experience any symptoms at the present level. If your symptoms return, let your

CONCUSSION FACT SHEET FOR ATHLETES

CONCUSSION FACTS

- A concussion is a brain injury that affects how your brainworks.
- A concussion is caused by a bump, blow, or jolt to the head or body.
- A concussion can happen even if you haven't been knocked out.
- If you think you have a concussion, you should not return to play on the day of the injury and until a health care professional says you are OK to return to play.



[INSERT YOUR LOGO]



CONCUSSION SIGNS AND SYMPTOMS

Concussion symptoms differ with each person and with each injury, and may not be noticeable for hours or days.

Common symptoms include:

- Headache
- Confusion
- Difficulty remembering or paying attention
- Balance problems or dizziness
- Feeling sluggish, hazy, foggy, or groggy
- · Feeling irritable, more emotional, or "down"
- Nausea or vomiting
- · Bothered by light or noise
- · Double or blurry vision
- · Slowed reaction time
- Sleep problems
- Loss of consciousness

During recovery, exercising or activities that involve a lot of concentration (such as studying, working on the computer, or playing video games) may cause concussion symptoms to reappear or get worse.

WHY SHOULD I REPORT MY SYMPTOMS?

- Unlike with some other injuries, playing or practicing with concussion symptoms is dangerous and can lead to a longer recovery and a delay in your return to play.
- While your brain is still healing, you are much more likely to have another concussion.
- A repeat concussion in a young athlete can result in permanent damage to your brain. They can even be fatal.

DON'T HIDE IT. REPORT IT.

Ignoring your symptoms and trying to "tough it out" often makes symptoms worse. Tell your coach, parent, and athletic trainer if you think you or one of your teammates may have a concussion. Don't let anyone pressure you into continuing to practice or play with a concussion.

GET CHECKED OUT.

Only a health care professional can tell if you have a concussion and when it's OK to return to play. Sports have injury timeouts and player substitutions so that you can get checked out and the team can perform at its best. The sooner you get checked out, the sooner you may be able to safely return to play.

TAKE CARE OF YOUR BRAIN.

A concussion can affect your ability to do schoolwork and other activities. Most athletes with a concussion get better and return to sports, but it is important to rest and give your brain time to heal. A repeat concussion that occurs while your brain is still healing can cause long-term problems that may change your life forever.



"IT'S BETTER TO MISS ONE GAME, THAN THE WHOLE SEASON."



JOIN THE CONVERSATION AT www.facebook.com/CDCHeadsUp

TO LEARN MORE GO TO >> WWW.CDC.GOV/CONCUSSION

PARENT & ATHLETE CONCUSSION INFORMATION SHEET





WHAT IS A CONCUSSION?

A concussion is a type of traumatic brain injury that changes the way the brain normally works. A concussion is caused by a bump, blow, or jolt to the head or body that causes the head and brain to move quickly back and forth. Even a "ding," "getting your bell rung," or what seems to be a mild bump or blow to the head can be serious.

WHAT ARE THE SIGNS AND SYMPTOMS OF CONCUSSION?

Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days or weeks after the injury.

If an athlete reports one or more symptoms of concussion after a bump, blow, or jolt to the head or body, s/he should be kept out of play the day of the injury. The athlete should only return to play with permission from a health care professional experienced in evaluating for concussion.

DID YOU KNOW?

- Most concussions occur without loss of consciousness.
- Athletes who have, at any point in their lives, had a concussion have an increased risk for another concussion.
- Young children and teens are more likely to get a concussion and take longer to recover than adults.

SYMPTOMS REPORTED BY ATHLETE:

- Headache or "pressure" in head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- · Sensitivity to light
- · Sensitivity to noise
- · Feeling sluggish, hazy, foggy, or groggy
- · Concentration or memory problems
- Confusion
- · Just not "feeling right" or is "feeling down"

SIGNS OBSERVED BY COACHING STAFF:

- Appears dazed or stunned
- Is confused about assignment or position
- · Forgets an instruction
- Is unsure of game, score, or opponent
- · Moves clumsily
- · Answers questions slowly
- Loses consciousness (even briefly)
- · Shows mood, behavior, or personality changes
- · Can't recall events prior to hit or fall
- · Can't recall events after hit or fall

[INSERT YOUR LOGO]



"IT'S BETTER TO MISS ONE GAME THAN THE WHOLE SEASON"

CONCUSSION DANGER SIGNS

In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. An athlete should receive immediate medical attention if after a bump, blow, or jolt to the head or body s/he exhibits any of the following danger signs:

- · One pupil larger than the other
- · Is drowsy or cannot be awakened
- · A headache that gets worse
- · Weakness, numbness, or decreased coordination
- Repeated vomiting or nausea
- Slurred speech
- · Convulsions or seizures
- Cannot recognize people or places
- · Becomes increasingly confused, restless, or agitated
- · Has unusual behavior
- Loses consciousness (even a brief loss of consciousness should be taken seriously)

WHAT SHOULD YOU DO IF YOU THINK YOUR ATHLETE HAS A CONCUSSION?

- If you suspect that an athlete has a concussion, remove
 the athlete from play and seek medical attention. Do not
 try to judge the severity of the injury yourself. Keep the
 athlete out of play the day of the injury and until a health
 care professional, experienced in evaluating for
 concussion, says s/he is symptom-free and it's OK to
 return to play.
- 2. Rest is key to helping an athlete recover from a concussion. Exercising or activities that involve a lot of
 - concentration, such as studying, working on the computer, and playing video games, may cause concussion symptoms to reappear or get worse. After a concussion, returning to sports and school is a gradual process that should be carefully managed and monitored by a health care professional.
- Remember: Concussions affect people differently. While
 most athletes with a concussion recover quickly and fully,
 some will have symptoms that last for days, or even
 weeks. A more serious concussion can last for months or
 longer.

WHY SHOULD AN ATHLETE REPORT THEIR SYMPTOMS?

If an athlete has a concussion, his/her brain needs time to heal. While an athlete's brain is still healing, s/he is much more likely to have another concussion. Repeat concussions can increase the time it takes to recover. In rare cases, repeat concussions in young athletes can result in brain swelling or permanent damage to their brain. They can even be fatal.

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STUDENT-ATHLETE NAME PRINTED
STUDENT-ATHLETE NAME SIGNED
DATE
PARENT OR GUARDIAN NAME PRINTED
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DATE

League Overview

I. Authority and Responsibility

The Fig Garden Youth Soccer League of Fresno, Inc. is governed by a duly adopted Constitution and By-Laws, Rules and Regulations passed in regular and/or special meetings of the Fig Garden Youth Soccer League (FGYSL) Board.

The governing authority of this Association per the Constitution and By-Laws shall be vested in the FGYSL Board of Directors. All members and other persons associated with affiliated teams shall abide by the Constitution and By-Laws as set forth by the Board of Directors, all provisions of the CYSA Team Manual, the FIFA Laws of the Game and all the applicable rules and regulations of this FGYSL Coaches Manual.

<u>Every member</u> registered with the FGYSL has an obligation to the youth of this league and to each other to provide the best possible program we can. We are all here to help each other with any challenges or questions that might arise.

To help eliminate any confusion about the lines of communication, it is as follows:

Team → Coach → School Coordinator → Age Group Coordinator → Chief Field Commissioner → FGYSL President → Board of Directors

II. <u>Membership</u>

Membership in this Association shall be affiliated teams, coaches, representatives and Board officials that are duly registered with the FGYSL and CYSA.

The affiliated teams of Fresno Unified School District (FUSD) or private elementary school or a FGYSL age group shall form a non-profit soccer club, subject to the Constitution and By-Laws of FGYSL. Each Club may deem it appropriate to formulate rules and regulations more stringent than FGYSL, but in no case may rules and regulations be less stringent than those set by FGYSL. If there is a conflict between Club and FGYSL rules and regulations, then FGYSL rules and regulations shall govern. Clubs must submit their Rules and Regulations for review and approval by the Board of Directors of the FGYSL.

Clubs and teams not affiliated with FGYSL may also participate in the FGYSL playing league subject to the annual approval of the FGYSL Board of Directors. Such guest clubs and teams must also adhere to the aforementioned rules and regulations.

III. Representation of Teams

Teams shall have the right to have their interests and concerns represented to the FGYSL through the Coordinator of each Club. A Coordinator shall be elected to administer the soccer program for each Club according to procedures and election rules establishing each Club. Each election shall automatically confer upon the Coordinator a voting position on the FGYSL Board of Directors. The Club Coordinator generally is elected by the coaches of the teams in the school's (club) soccer program, and serves a one-year team.

IV. Registration & Team Formation

Each Club shall be responsible for insuring proper registration of players, coaches, its affiliation as a team and reporting to the respective Age Group Coordinators and Scheduler, and Board of Directors of FGYSL. Proof of age for all players shall be in accordance with the Rules & Regulations listed in the CYSA team manual.

There shall be no try-outs or recruiting of players by Clubs or coaches, with the exception of Alliance. School Clubs and coaches are further prohibited from forming "all-star" or "select" teams for participation in this recreational league.

FGYSL policy is to allow U-6 teams to be co-ed. Age groups U-8 and older are to be of the same sex. However, the League recognizes circumstances may exist where a child is better served to play on a team of the opposite sex. In those instances, prior approval of FGYSL is required.

See FGYSL Rules and the 'Laws of the Game' herein for roster limits by age group

Each Club Coordinator is responsible for the formation of teams within the Club's jurisdiction and will cooperate with Commissioners in recruitment of players. Each Club Registrar is responsible for forwarding complete team rosters to the FGYSL Registrar for processing. Player passes are issued to each Club for every player in U-8. U-10, and U-12 age groups.

All Clubs will have completed registration by the day designated by the FGYSL Board of Directors which is September 3, 2016 this year. Also, each Club must submit a team directory in each age bracket to the League Scheduler by a date set by the League Scheduler.

The team directory shall include:

- 1. Team Name
- 2. Age Group
- 3. Team composition (boys or girls)
- 4. Whether the team is comprised of 1st year, 2nd year or a mix of both years
- 5. Coach's name, address, telephone numbers and email address
- 6. Division recommendations (A C; with 'A' being the older and most accomplished in the age group and 'C' being the younger and less experienced players)

A player not previously registered may be registered and added to any existing roster at any time; providing that roster and team does not already have the maximum number of players allowed, and the player is not already rostered that year on another team. Any questions regarding transfers between teams in FGYSL should be directed to the Club's Coordinator.

V. Seeding Tournament (U-10 and U-12)

The seeding tournament is the method by which teams are place in particular divisions, for the first half of the season. The goal is to have balanced divisions to provide the best competition and experience for the teams and players involved.

All soccer Clubs should attempt to rank their teams according to the players' abilities in each age group as noted above. The goal is to have each team play in a division with teams of similar age, size, experience, and talent so that the players can all compete fairly and have fun. The Age Group Coordinators will be responsible and have discretion to select and assign teams to playing divisions, subject to over-site by the League Scheduler.

The scores and team performance in the Seeding Tournament will determine in what division a particular team will play. It will be to each team's advantage in the seeding tournament matches to score the best of the team's ability. There are no scoring limitations. This will insure each team's proper placement in the league. This is the one time all year where teams are encouraged to score as many goals as possible.

Any scheduled team that does not participate in the seeding tournament will be placed at the discretion of the Age Group Coordinators.

Play Fair - Play to the best of your team's ability. Do not purposefully play under your team's talent and capabilities.

VI. <u>League Schedule</u>

The playing league schedule shall give specific notes regarding league play and coach's responsibilities. *Please read the schedule carefully*. Every team should expect to have two games in 1 weekend during each half of the season and there may be some games at Liberty Ranchos.

1. <u>Cancelled Games</u> - The Chief Field Commissioner, Referee Coordinator and President of the League shall decide whether a game or games should be canceled before they start due to severe weather or field conditions. Games may be played in the rain as long as field and weather conditions remain safe. In the event rain is forecast, or air quality may make play unsafe, FGYSL must defer to Fresno Unified School District or CYSA District 7 directives. FGYSL Board Members will be consulted at 48 hours and 24 hours before the start of League games where rain or air quality may make play unsafe. No games shall be played while there is active lightening, and will only resume until one half hour after the last lightening. During any game, and immediately before the start of any game, FGYSL Referees have the authority to decide whether playing conditions are safe.

In the event any games are canceled by coaches, without proper notification to the Chief Field Commissioner, it will be counted as a forfeit to both teams in accordance with U.S.S. F. mandates.

2. <u>Forfeit for Delay of Game</u> - Any teams delaying the start of a scheduled game more than 5 minutes without notifying the Playing Location Field Commissioner shall forfeit the game. A maximum delay of 10 minutes for U-10 or U-12 games, and a one-quarter equivalent for U-6 and U-8 games may be allowed, subject to <u>prior</u> approval by the Playing Location Field Commissioner and for a valid reason.

Any coach or other team official who refuses to play a scheduled game for any reason shall forfeit that game.

Any team that forfeits a game shall be charged \$75.00 payable to FGYSL within six (6) days of when the game was scheduled. The fee shall be delivered to the FGYSL President.

FGYSL Rules and the 'Laws of the Game'

All contests sanctioned by FGYSL shall be governed by the "FIFA Laws of the Game" and any modifications as published by FGYSL. The "Laws of the Game" and modifications are located in the CYSA Team Manual. It will benefit each coach to be familiar with the CYSA Team Manual. However, this Association has not adopted all recommended modifications.

Please read this document and the CYSA Team Manual CAREFULLY.

1. Modifications (Specific to FGYSL and per USSF and CYSA Mandates)

A. Number of Players

U-6 Maximum: Three (3) players, no goalkeepers

Minimum: Two (2) players The roster shall not exceed six (6).

Four 7 ½ minutes quarters. No substitutions during quarters, save for injury or removal of players to maintain competitive balance

Size 3 ball. 4' x 6' goal

No heading the ball in games or practice. Use of the head, if deemed deliberate in the judgment of the referee, is an indirect free kick.

U-8 Maximum: four (4) players, no goalkeepers.

Minimum: three (3) players

The roster shall not exceed eight (8).

Two (2) 22 ½ minutes halves

Unlimited substitutions at goal kicks, after a goal is scored, and substitutions for the team

that has won throw in, as well as after injury.

Size 3 ball, 4' x 6' goals

No heading the ball in games or practice. Use of the head, if deemed deliberate in the judgment of the referee, is an indirect free kick.

The League expects coaches to encourage all 4 players to play both offense and defense.

The League does not condone shooting at goal from the defensive half of the field.

*No "camping" players on the offensive or defensive side of the field. This is strictly prohibited. U8

Games will now have a "camping line", and players in their defending half must be in front of that line

when the ball is in the other team half of the field.

U-10 Maximum: Seven (7) players, 6 field and 1

Goalkeeper (no punting)

Minimum: Five (5) players

The roster shall not exceed twelve (12). Field size is approx. 47 yards by 30 yards. Two 25 minute halves with 7 minutes half time 7' x 21' or 6.5'x18.5' goal, Size #4 soccer ball

No heading the ball in games or practice. Use of the head, if deemed deliberate in the judgment of the referee, is an indirect free kick. If committed inside defending team's goa area, indirect free kick will be taken at point nearest the infraction, outside of the penalty area.

Offside called,

2 periods of 25 minutes, 10 minute breaks, unlimited substitutions at goal kicks, after a goal is scored, and substitutions for the team that has won throw in, as well as after injur (for the injured player only) and substitution for player who has been cautioned (shown a Yellow Card)

The recommended System of Play (USSF) for the 7v7 game model are 1-2-3-1 or 1-3-2-1. This is not mandated.

During League play, games may end in ties. During playoffs, games ending in ties will proceed to Penalty Kicks.

U10 special features.

The build out line, which will be a different color, is found 14 yards from each goal line. Goal area will extend 10 yards from end line, and goal area will be 20 yards wide. Punting the ball is not allowed as this would defeat the purpose of the build out line and reduces the opportunity to play out of the back in an unpressured setting. When the ball is in the goalkeeper's hands, or on a goal kick, the attacking team must retreat to behind the build out line. After the ball is put into play, the opposing team can then cross the build out line and play can resume as normal. Field width is a maximum of 30 yards. With goals being 18.5 feet wide, or about 6 yards, the distance to reach the goal on a corner kick is reduced, thus the need to elevate a corner kick is reduced and the avoidance of Header Issues is promoted.

U13 Maximum: eleven (11) players, 10 field and 1 goalkeeper

Minimum: seven (7) players

The roster shall not exceed eighteen (18).

Size #4 soccer ball. Goals are 8 x24' or 7' x 21'

Two halves of 30 minutes each, 10 minutes halftime.

unlimited substitutions at goal kicks, after a goal is scored, and substitutions for the team that has won throw in, as well as after injury (for the injured player only) and substitution for player who has been cautioned (shown a Yellow Card)

Use of the head, if deemed deliberate in the judgment of the referee, is an indirect free kick. If committed inside defending team's goal area, indirect free kick will be taken at point nearest the infraction, outside of the penalty area. In practice, U13 Players are limited to 15-20 headers per player, per week.

During League play, games may end in ties. During playoffs, games ending in ties will proceed to Penalty Kicks.

Note: If a team falls below the minimum because of a red card, the game is over and forfeited (however no penalty for a forfeit will be imposed).

B. Playing Time

Each player who is willing and able must play a minimum of 50% of each game.

C. <u>Kick-Off</u> – All players must be in their half of the field. The ball must be stationary on the center mark. The ball is in play when it is kicked and **clearly** moves IN ANY DIRECTION

D. Offside

U-6 and U-8: no offside offenses will be called. U-10 and U-12 offside conform to FIFA laws of the game.

Note: U-6 and U-8 players may not be planted near either goal.

FIFA Law 11 –Offside – FGYSL Summary - A player in an offside position at the moment the ball is played or touched by a team-mate is only penalized on becoming involved in active play, by interfering with the ball, an opponent or otherwise gaining an advantage from the offside position. In other words, the player's (offside) position is judged when the ball is played. The offense occurs after the ball is played, and only occurs if one of three conditions is met, e.g., interfering with the ball, an opponent, or gaining an advantage. Finally, none of the three exceptions of the Offside Law must apply, e.g., directly receiving the ball from a corner kick, throw in, or goal kick.

It is not an offence to be in an offside position.

E. Fouls & Misconduct

U-6 No penalty fouls are called. Restart with an indirect free kick.

U-8 All fouls (intentional or unintentional) will result in an indirect free kick – with opponent six (6) yards away.

U-10 & U-12 Fouls and misconduct conform to FIFA laws of the game.

FIFA Law 12 – FGYSL Summary Contact and challengers are penalized when they are done in a manner considered by the referee to be careless, reckless or using excessive force, <u>and</u> when it does not impede the advantage of the team against who the foul has been committed.

F. Free Kicks

U-6 Indirect free kick (see Fouls and Misconduct above)

U-8 All free kicks shall be classified as "indirect."

U-10 & U-12 Free kicks conform to FIFA laws of the game.

U8 Note: A goal may not be scored until the ball has been played or touched by a second player from either team. Free kicks for fouls in the penalty box shall be taken no closer than 10 feet from the goal line or where the foul occurred, whichever is further.

G. Throw-In

U-6 Two re-throws allowed after an explanation.

U-8 One re-throw allowed after an explanation.

U-10 & U-12Throw-in conforms to FIFA laws of the game.

All ages note: Throw – in from a wrong location should be corrected by the referee, same team is allowed one re-throw.

H. Goal Kick

U-6Place the ball along the penalty box line (not along the goal box line should one exist). U-8Place the ball along the penalty box line (not along the goal box line should one exist). U-10 & U-12 Conforms to FIFA laws of the game.

I. Corner Kick

U-6Throw-in from the sideline.

U-8 thru U-12 Conforms to FIFA laws of the game.

Note: A goal can be scored directly from a corner kick.

<u>J.</u> <u>Referees</u>

U-8 **Based upon availability**, the League shall provide at least one Referee for each U8 game. Each team is required to provide a linesman for the opposite side of the field. The Referee shall be encouraged to explain infractions to the offending player.

K. Stoppage of Play Due to Injury

<u>U-8 thru U-12</u> If a player is perceived seriously injured, the player's coach may, without referee permission, enter the field of play immediately to attend to the injury. Play does NOT stop until the referee blows his whistle. The referee is not to stop play of a scoring opportunity. All goals scored prior to the whistle being blown will be counted. Restart of play will be an indirect kick awarded to the team opposing the injured player at the point where the ball was when the whistle was blown or the proper start of the ball going out of play if prior to a whistle. The injured player must forfeit all remaining play time and will NOT re-enter the game.

If the referee stops play due to injury (prior to the coach entering onto the field of play), then the player may re-enter the game at the next available substitution.

L. Coach Positioning

U-6 No more than <u>one coach</u> for each team is permitted to be on the field during play to assist the players.

U-8 thru U-12 No more than **two rostered coaches** for each team is permitted in the "coaches box", which is to be marked on the sideline - no larger than 10 yards on either side of the midfield line and must be 2 yards away from playing field. All coaches must have coaches badge visible to the referee.

M. Team Sideline Positioning

Coaches of opposing teams shall station themselves on the opposite sides of the field unless directed differently by the referee or Chief Field Commissioner or designee for safety concerns. The home team will be located on the East or South side of the field. No coach, substitute players, or spectators are to be anywhere but on their side of the field within the spectator area during the game. Spectators are never allowed near the goal or on the end-line.

N. Substitutions

For U-6 players may be substituted <u>only</u> at the quarterly breaks, except for injury. ** If your team is up by a large margin, a coach may substitute a **less advanced player for a more skilled player**. This should not provide an advantage to the team, but rather provide better balance in the game.

For U8 and higher age divisions, substitutions may occur with the referee's permission and:

- Prior to a throw-in in your favor.
- Prior to a goal kick by either team.
- After a goal by either team.
- After an injury, when the referee stops play, by either team. (Injured player must come out until the next substitution opportunity. Team may play below minimum for injury.)
- Half-time. (Substitution of goalie requires notification to referee)

• **YELLOW CARD TO PLAYER** – Players receiving a yellow card **may be** (but not required to be) substituted prior to the restart of the game. The cautioned player may reenter the game at the next **allowable** substitution time.

O. Home Team Duties

It is the responsibility of the Home Team to provide an approved and acceptable game ball at the beginning of each game and a game card (see discussion of "Game Cards" below). Also, the visiting team must provide an approved and acceptable "alternative" game ball to the referee before the game.

If there is a conflict in jersey colors, the home team is responsible for changing jerseys. The change must be in a non-conflicting color. Failure to comply with this rule could result in a forfeit of the game. Referees have sole discretion to determine if a color conflict exists.

P. Uniforms

All players must be in the same uniform for the club that is playing, **INCLUDING SOCKS.** Shin guards are mandatory. Sweatshirts or turtlenecks under team jersey are acceptable when **all players on that team have the same color**. Goalies can wear gloves and/or sweat pants. The Goalie shirt must be different from the jersey color of either team.

Players may not wear: Casts (hard or soft), splints, sweat pants, hats, or headdress. Headdress for religious beliefs is allowed but cannot be a safety issue to either party or Referee. Under no circumstances may players wear hard material in their hair such as beads, berets, plastic head bands, earrings, etc. Soft material for hair control is allowable.

Q. Player and Coach Passes

Teams U-8 and up must be ready to present player and coach passes to the referee before the start of the game. No player or coach can participate in the game without showing a pass. The inspection of player passes will only happen before the game and at halftime. Any player who arrives late after the start of the game must wait until halftime to show his/her player pass to the referee before being allowed into the game.

If a player or coach is ejected for misconduct, the referee must give the pass to the Playing Location Field Commissioner.

R. Game Cards (Provided by Home Team)

Due to excessive illegible writing on numerous weekly game cards, please PLEASE:

- a. Home Team Coach
 - i. Front of the Game Card
 - **PRINT** in the top three lines with the information from your league schedule. Information on the game card should match your scheduled game.
 - Under "HOME," **PRINT** your team name and jersey colors in that box.
 - ii. Back of the Game Card
 - **PRINT** your team name, including school initials, in the space designated "HOME TEAM."
 - **PRINT** all registered players on the game card along with jersey numbers. CYSA numbers are not required. Prior to the start of the game, any player who will not participate in the game must be noted on the card.
 - **PRINT** your name in space designated "COACH/MANAGER."
 - iii. Passing the Card

Give the game card to visitor's coach at least ten minutes before game time.

b. Visitor's Coach

i.Front of the Game Card

1. Verify that coach of HOME TEAM has properly filled out the top three lines.

Under "VISITORS," Legibly **PRINT** your team name and jersey colors.

- ii. Back of the Game Card
- 2. **Legibly PRINT** your team name, including school initials in space designated CLUB.*VISITING
- 3. **PRINT** all registered players on the game card along with jersey numbers. CYSA numbers are not required. Prior to the start of the game, any player who will not participate in the game must be noted on the card.
- 4. **PRINT** your name in space designated "COACH/MANAGER."
- iii. Passing the Card
- 5. Give the game card to referee at least five minutes before the beginning of the game.
- 6. If the game card is not completed fully and accurately before game starting time,
 The referee must return the card to the coaches and time will be deducted from the game
 until properly completed.

S. Game Card Suggestions

You may photocopy a roster and attach (glue or staple) it to the game card if you wish. It

will save time before the start of the game. The copy must be legible with all necessary and correct information on it, and small enough to fit on the space provided. Another idea is to prepare the roster with all the requisite information on a computer and print it onto an adhesive label. Then simply attach the label to the game card.

At completion of the game, you MAY verify that the referees have correctly accounted for all the goals scored. Please wait until the referee has given the game card to the Field Commissioner. If you are home team, make sure your team's goals are in the boxes designated "home."

If the coach has comments about referees, other team, playing field, etc., please make comments on game card in the area designated for mailing data after the referee has given the game card to the Playing Location Field Commissioner to avoid game delays.

Coaches are the only people allowed to comment on game card, not parents.

T. Incomplete Game Cards

If any game card is turned in incomplete such that the age group coordinator or Chief Field Commissioner cannot determine which teams played, the time, location, field or date of the game, or the score of the match, the age group coordinator or Chief Field Commissioner shall have discretion to deem such game a forfeit by both teams. Coaches are therefore strongly encouraged to properly fill out the game card prior to each match and to ensure the score recorded by the referee is correct.

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Home Team Coach

- i. Front of the Game Card
- Fill in the top three lines with the information from your league schedule. Information on the game card should match your scheduled game.
 Under "HOME," **PRINT** your team name and jersey colors in that box.

HOME TEAM: STARR	Knigh	+5	VISITING TEAM: Gib.So	N Kn	ights (Blue)		
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ii. Back of the Game Card

- PRINT your team name, including school initials, in the space designated "HOME TEAM."
- **PRINT** all registered players on the game card along with jersey numbers. CYSA numbers are not required. Prior to the start of the game, any player who will not participate in the game must be noted on the card.
- PRINT your name in space designated "Team Official."

If the coach has comments about referees, other team, playing field, etc., please make comments on game card in the area designated for mailing data after the referee has given the game card to the Playing Location Field Commissioner to avoid game delays.

Coaches are the only people allowed to comment on game card, not parents.

U. Playing Location Field Commissioner (PLFC)

The PLFC is responsible for all activities at the field to which they are assigned for all games on that field on that day. The PLFC must be on site of play at all times. The PLFC shall report directly to the Chief Field Commissioner.

They must act as mediator in the case of conflicts between teams, coaches, referees, and/or spectators.

The following duties are also the responsibilities of the PLFC:

- Wear FGYSL provided vest for ease of identification.
- Supervise the first scheduled game's coaches with putting up the nets (at least 30 minutes before first game)
- Make sure gates are open and the field is safe for play.
- Monitor safe playing conditions and enforce FGYSL rules as needed.
- Make themselves visible and available at all times. (FGYSL vest to be worn outside of clothing)
- Settle disputes with coaches and/or spectators.
- Assist referee with coaches and/or spectators.
- Be sure each team picks up their trash. Any trash left is to be picked up at the end of the day.
- Supervise the last scheduled game's coaches with taking down the nets and returning the nets to the storage area.
- Report any bad conduct on field report sheets
- Collect game cards from the referee and deliver them to the collection point at Address is
 3292 W Calimyrna, 93710 (off of Figarden Drive and Tamera)
 5:00 p.m. Saturday. Leave in basket in front porch.

IMPORTANT - once a call is made by a referee, it stands. Period. No exceptions. Remember to always support the referee.

In order to ensure the above duties are carried out, there is a \$25.00 fine for those who do not complete their duties as stated above for the first offense and \$50.00 per occurrence thereafter. The fine is payable by the Club to FGYSL within seven (7) days of the infraction.

For those who **DO** complete their duties as assigned and do their fair share to make the game a success, the FGYSL thanks you very much.

IMPORTANT - If a Field Commissioner is unable to calm down a parent/coach, they have been advised to contact the Fresno Police Department for their safety and the safety of others.

V. Age Group Coordinators

The U-8 Coordinator will monitor the game's scores and change the schedules of certain teams that may need to be moved into different divisions to insure parity among teams. Moving of teams will be done before the second of half of the season begins. The U-6 Coordinator may move teams at any time it is felt necessary to ensure the kids have the best possible experience.

Each Age Group Coordinator U-10 and up will maintain league standings including points for or against.

The U-10 and up age groups will have two halves to their season. Any changes in division and/or schedules will be done after the first half and prior to the second half. Each Age Group Coordinator (U-10 and up) will be responsible for these changes subject to the approval of the League Scheduler.

FGYSL policy is to move the first place team to a higher division and the last place team to a lower division at the halfway break during the season. Additional team transfers between divisions may also occur in order to provide a more fair and equitable environment for the players.

Any questions about game schedules or how a particular team is placed should be directed to each school Club Coordinator. If necessary, please refer to the chain of communication as mentioned previously in this Manual.

W Practices

Practice games and scheduled practices are to be limited to the fields contracted with the FUSD and under FGYSL agreements. Refer to new "no or limited" heading mandates during practices.

All schools' soccer clubs will have priority to practice on their own school fields. Example: A Gibson team has first choice of Gibson fields. Malloch teams have first choice at Malloch and so on. If any club team would like to practice at another club's field, then that team's coach must get permission to do so from that Club's Coordinator in advance.

Practices should be concluded before dark unless adequate lighting is provided.

IMPORTANT: At no time should any player be left alone after practice. The coach is responsible to make sure an adult is present until all players are picked up from practice. This rule must be enforced to help ensure the safety of our children. (*Multiple parents present is recommended*)

X. Coaching Director (*Position currently vacant - contact League President for assistance)
The purpose of the Coaching Director is to assist coaches in learning techniques that will help players develop their skills.

Each Club is encouraged to contact the Coaching Director to arrange scheduled times for the Director to meet with coaches on site to show them various exercises and training drills that will be beneficial to running practices and teaching players. Also, the Director will visit practice

field locations throughout the season.

Coaches are encouraged to ask questions and utilize the experience and skills of the Coaching Director.

1. Law 12 Fouls and Misconduct

<u>Direct Free Kick:</u> Goal can be scored without another player from either team touching the ball.

The defending team may set a wall at least 10 yards away in all directions

<u>Penalty Kick</u> The defending team may not set a wall. It is awarded if any of the above offenses is committed by a player inside his own penalty area, irrespective of the position of the ball, provided it is in play.

Indirect Free Kick: Goal cannot be scored without another player from either team touching the ball.

The defending team may set a wall **at least 10 yards away** in all directions. It is awarded to the opposing team if a player, in the opinion **judgment** of the referee, commits any of the following three offenses:

- Playing in a dangerous manner.
- Impeding the progress of an opponent.
- Preventing the goalkeeper from releasing the ball from **their** hands.
- Any other offense for which play is stopped for caution or send off.

It is also awarded to the opposing team if a goalkeeper, inside his own penalty area, commits any of the following offenses:

- Controlling the ball with her hands for more than six seconds.
- Touching the ball again with **their** hands after it has been released from his possession and has not touched another player (a goalie can bounce the ball since it is still in his possession).
- Touching the ball with her hands after it has been deliberately played to them by a teammate.
- Touching the ball with his hands after he has received it directly from a throw-in taken by a teammate.

2. Defensive Goals

A ball played by a player directly into his own goal is a score for the opposing team. However, a team cannot score against itself when taking a free kick, throw-in, goal kick, penalty kick, or kick off.

Division Standings and Scoring

- A. Scoring shall be: three (3) points for a win, one (1) point for a tie and zero (0) points for a loss.
- **B.** Forfeited games shall be scored as a 2-0 game against the forfeiting team.
- C. Any team winning a game by a goal differential greater than six (6) goals shall have one (1) point deducted for each goal in excess of a six (6) goal differential to a maximum of three (3) points deducted.

** **U6 does not track scores** – this does not give teams permission to run up the score. Keep it FUN for all involved.

If games become too lopsided, a commissioner may ask a team to add a player from the field.

*** Do Not run up score ***

4 goal differential = referee will remind coach
5 goal differential = warning will be given
6 goal differential = yellow
7 goal differential = red card

- **D.** A red card issued to a player will result in a one (1) point deduction and a red card issued to an adult will result in a two (2) point deduction.
- **E.** Tie breakers will be decided as follows:
 - 1. Head to head
 - 2. Least goals scored against
 - 3. Goals for minus goals against with a maximum 4 goal differential
 - 4. Most goals scored to a maximum of 4 per game.

The Age Group Coordinators will maintain division standings for U-10 and U-12 age groups. The team with the most points at the end of each half wins the division. The divisional winner from each half will play for the overall divisional championship. If a team wins both halves of a division, then no playoff game will be played. If a team wins in two different divisions, the second place team in the first half of play will take that team's place in the playoffs, and the team that won two different divisions will represent the division for the second half of the season.

Division standings will be tabulated from the game cards delivered by the Playing Location Field Commissioner to the proper collection point by 5:00 p.m. on the same day the game was played.

^{***}There will be no championship games in the U-6 through U-8 age groups. ***

Disciplinary Procedures. Protests & Appeals

1. Disciplinary Review Committee (DRC)

The DRC shall meet weekly during the playing season, as necessary, and is composed of the Chief Field Commissioner **as chairperson**, the Referee Coordinator and one member of the Board of Directors of FGYSL. This Committee is empowered to act upon and enforce disciplinary issues regarding players, coaches, spectators, or other members of affiliated teams. Specifically, this Committee has the authority to impose penalties including financial fines up to \$150.00 per incident, adding games to the minimum suspensions, probation or other measures deemed appropriate. The DRC has an obligation to the League and all of its participants to act in a fair impartial, and objective manner. Therefore, the DRC will investigate situations, as deemed necessary, before rendering a decision. Expulsion from FGYSL requires the approval of the Executive Committee. Under no circumstances can the DRC reduce the minimum penalties of a one game suspension for a red card issued to a player and a two game suspension to the coach for a red card issued to an adult.

Any disciplinary actions taken by the DRC, beyond the statutory minimum suspensions, shall be communicated to the impacted party in writing.

2. Protest And Appeals Committee

Only violations of the Constitution, By-Laws, General Procedures, and Specific Rules of this League, and misapplication of the "Laws of the Game" shall be proper subjects to be considered for action. Protests or Appeals are to be in writing and delivered to the Chairperson of the Committee (President of FGYSL) within two (2) working days of notification of the action being protested or appealed. A non-refundable fee of \$50.00 must accompany the Protest or Appeal.

Please refer to the FGYSL By-Laws for complete details regarding Protests and Appeals (posted on the League website). Minimum suspensions received for the issuance of red cards against players or adults cannot be appealed.

All Star Guidelines

FGYSL is currently reviewing the All-Star program. We will release information as it becomes available

TOPSoccer

TOPSoccer is a community-based training and team placement program for young athletes with special needs. These special needs are because of physical or mental challenges that might discourage or preclude the child from participating in a sports program. The emphasis of the program is on providing an opportunity for children to learn and play soccer in fun and encouraging environment.

If you know a special needs child who you feel would enjoy or benefit from participating in a team sports program, please contact the CYSA District 7 office at 559.227.2972, or the TOPSoccer Coordinator at topsoccer@cysadistrict7.org.

Resources

http:// leagues.bluesombrero.com/fgys- League Website CYSAdistrict7.org - District 7 Website